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#### A PRACTICAL GUIDE FOR PARENTS

A valuable tool for parents to help them understand various learning issues

Bridges the home-school gap by demystifying areas of concerns

Captures how parents and teachers can work together helping children reach their academic potential

The ABCs of Learning Issues is a valuable tool for parents and guardians to further their understanding of various learning issues and behaviors that they observe in their homes and hear about from their children's teachers.

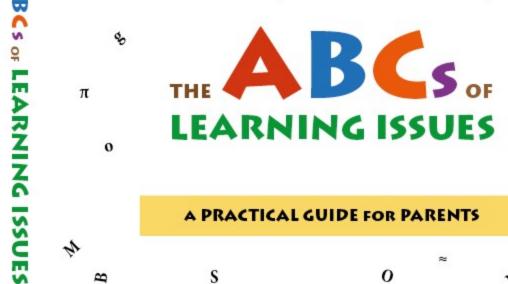
The information presented empowers parents to identify, recognize, and rectify specific learning issues that are described in formal evaluations, on standardized tests, and within school environments.

This book includes specific strategies and examples of clinical and educators' definitions promoting a global understanding of what these definitions mean, behaviors parents may observe at home, effective strategies to incorporate at school and at home, and a list of professionals who can assist in treating specific learning issues.









### A PRACTICAL GUIDE FOR PARENTS

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"This magnificent contribution to understanding and embracing the diversity among people with disabilities will prove a timeless resource on the issue of multicultural and global importance." —Dr. George Hagerty, President of Beacon College

# DANA STAHL, M.ED.

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## **Executive Functioning Skills**

### Clinical Definition

Executive functions are a set of cognitive processes that are necessary for controlling one's own behavior in order to achieve a goal. Executive functions include basic cognitive processes that involve a part of the brain called the frontal lobe. This part of the brain helps people pay attention, manage their time and their emotions. Executive functioning allows people to make good decisions by either promoting or inhibiting certain behaviors. Higher order executive functions require the simultaneous use of multiple basic executive functions.

## **Educators' Definition**

Executive functioning is a series of mental skills that help the brain organize and act on information. Executive functions are necessary for people to pay attention, hold onto information, block out irrelevant stimuli, organize and

prioritize information, and initiate tasks.

LEARNING ISSUES